



Night Time Suggested Use: Take 1 tablespoon with 8 oz. of water before bed, 3 hours after your last meal.

Supplement Facts

Serving Size 1 tablespoon Servings per Container: 32

Ingredients	Amount Per Serving	% Daily Values
Calories	10	
Protein	3 g	
Proprietary Blend:	2395 mg	
Bovine Collagen, Aloe, Citric Acid, Glycerin, Trace Minerals, Green Tea Extract, Glycine, Lysine, Leptin*		

Percent daily values are based on a 2000 calorie diet
** Daily Value not established

Other ingredients:

Oxygenated H₂O₂, Tangerine and Tropical Flavor, Potassium Sorbate, Potassium Benzoate, Stevia

“For many consumers of the Night Time formula, Ketosis (the fat burning process) may occur overnight, instead of the typical 5 to 7 days.”

For more information, please contact:

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Night Time, along with Leptin, is the most powerful, dynamic liquid collagen-based inch-loss, skin-tightening, muscle-toning, immune-boosting, essential vitamin and mineral supplement available on the market today.

By providing a proprietary blend of nutrients, plus both essential and non-essential amino acids that capitalize on the Peak Periods of absorption, the NIGHT TIME formula with Leptin helps shrink fat cells, rebuild lean muscle tissue, tighten skin, and restore a natural collagen base of self-repair.

Collagen is a protein that makes up about 30 percent of your body and is the glue that holds us together. It is a natural component in our tendons, joints, ligaments, muscles, hair, etc. As we age, our body no longer produces the same amount of collagen or amino acids. Collagen degeneration continues until you supply your body with proper supplementation.

Major benefits of the NIGHT TIME formula are:

- ◆ Shrinking Fat Cells
- ◆ Building Lean Muscle
- ◆ Tightening Wrinkles
- ◆ Rebuilding Connective Tissue
- ◆ Great Night's Sleep

To experience truly great results, an inch loss program needs to work with your body 24 hours a day, seven days a week, even while you sleep. That's why TBR Labs developed the Lepti-Trim NIGHT TIME Formula with Leptin. This Collagen based formula works with your body's natural sleep processes to enhance maximum results, and supports lean muscle, which in turn facilitates *fat* loss.

The simplicity of the program is that, all you have to do is not eat 3 hours prior to sleep, which of course is very healthy.

In most diets, the behavior modification is to deprive the body of calories or specific food groups (like carbohydrates). This can create a quick fix weight reduction, but it is the wrong kind of weight loss because it's 30% muscle mass. The more muscle your body has, the more apt your body is to store fat. This creates what is called the yo-yo syndrome.

Most people notice that their clothes don't fit them like they used to, without noticing any changes on the scale. In fact, there are those who initially put on weight, but lose inches because muscle weighs more than twice as much as fat.



In 1995, researchers discovered the small hormone-like protein called leptin that orchestrates the metabolism of fat and suppresses appetite. By the year 2000, researchers uncovered the process by which leptin, working with IGF-1 and other natural co-factors, can shrink fat cells to their normal size and increase the body's fat burning process - called thermogenesis. Both leptin and IGF-1 are found in complete colostrum, along with an array of co-factors that work together to reduce body fat and build lean muscle.

Low levels of functional leptin are a reason why people reach a plateau and can't seem to lose any more weight! "When a person loses weight, leptin concentration in the blood is reduced," notes researcher Jeffrey Friedman, M.D., Ph.D., whose clinical studies on leptin are being done in association with The

Rockefeller University." Low leptin levels cause the human body to go through changes that reduce the rate it burns calories. The result is a decrease in weight reduction, and increased appetite. Leptin regulates these processes, and low levels of leptin may explain the high failure rate of dieting.

This is what our consumers have discovered about TBR Labs NIGHT TIME with leptin...

- ◆ You will definitely stop overeating. You will stop experiencing nighttime binge eating and begin eating more sensibly. We do not call this dieting unless you call dieting simply avoiding overeating. The urge to eat too much at dinner or snack heavily between meals will be controllable. It won't be a matter of willpower. Your loss of interest will stem from loss of desire. This fits with the ability of leptin to regulate our taste for sweets.
- ◆ In keeping with the documented ability of leptin to regulate your dietary intake, you will be back in control.
- ◆ There is no special "speedy" feeling like with stimulant-type weight-loss products.
- ◆ You clothes will fit looser and you'll experience an increase of energy.

REFERENCES

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TOTAL BODY



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